

EXAMPLE: SUCCESSFUL APPLICATION



2022-2023 Grant Application

Tell us about your great idea!

If you have any questions about applying, please call Will Wellington at 519-271-7730 or send an email to: wwellington@perthhuron.unitedway.ca.

To determine if your project is eligible to receive a Youth in Action grant, please read the *2022-2023 Youth in Action Grant Details Page*.

To apply for a Youth in Action grant, please download this form and complete the following five (5) tables.

The written component is to be submitted in **Word** and the video (if option chosen for Table #2) in **MP4 format**. Google doc links will not be accepted.

To submit your application, please email Will Wellington at wwellington@perthhuron.unitedway.ca by the deadline of **Friday, October 14, 2022 at 5:00 pm**.

Please note that funding decisions will not be made until November and funding will be released in November/December 2022. Please plan your project to occur between January – May 2023.

Table #1: Contact Information

Name of Project	Wellness Wednesdays
Youth Lead	
Name	[REDACTED]
Phone number	[REDACTED]
Email	[REDACTED]
Age verification	I verify that I am under 25 years of age: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Adult Trustee (over 25)	
Name	[REDACTED]
Organization	[REDACTED]
Position/Title	Guidance Counselor
Address including City	[REDACTED]

Table #1: Contact Information

and Postal Code	
Phone number	
Email	
Age verification	I verify that I am over 25 years of age: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Table #2: Project Information

You have the option of answering the questions (in this table) in writing or by making a short video (submitted in MP4 format). If you choose the video option:

- Please keep it to 5-10 minutes in length.
- Make sure you say your name and the name of the project in your video.

Question	Answer
What school/organization are you from?	
Can you please describe your project idea?	I am hoping to host a series of 4 events called "Wellness Wednesdays". This would include 4 different events that would take place after school to help promote healthy mental well-being, while also bringing students together. The events would take place in November and/or February. These are months in which students tend to struggle more with mental health. One week would include a yoga instructor coming to the school for an after school yoga session. Another week would be for an art project hosted by a local artist (all supplies would be provided). Another week would host a drumming circle. The last event would have a mindful workshop. Each event would include refreshments and some take home items.
Why have you chosen this project? Please explain how it will improve the lives of you and your peers (other youth).	I am deeply invested in promoting positive mental health at my school and with my peers. A positive outlook and finding ways to de-stress are essential in maintaining positive mental health. This sense of well-being affects our relationships and our ability to be productive students and members of the community. Many students do not know what to do when they are struggling. Some students do not realize what types of activities can be calming. The four activities that I have planned would demonstrate and introduce 4 different types of activities to relax and de-stress. My hope is that the participants will figure out which ones work best for them and they can keep this in their mental health "tool kit".

Table #2: Project Information

Where and when will your project take place in Perth and/or Huron Counties?	These events will take place at my high school, [REDACTED]. I would like to host 2 events in November and then 2 events in February.
How many youth in total are on the team for the project?	5, but I am working on recruiting more
How will the other youth be involved in the planning and running of the project?	The other youth will help with promotion and advertising. They will also help with set up and running the event.
What will be the benefit to the project team members in participating in the project (i.e. leadership development skills, etc.)	The team members will be encouraged to participate, so they will also feel the relaxing benefits of the workshops. They will also get to interact with other students (which we have all been deprived of for the past few years due to Covid). They will also develop leadership skills by co-planning the events. In addition, they can earn some volunteer hours.
Has your project been done in your school/community before? If yes, why do you want to do it again?	No, this has not been done. I think we had some mini workshops during mental health week years ago (pre-covid). Nothing like this as a student-run after-school activity has been offered.
How will you know if you are successful with your project?	People talk. I am certain that we will hear about the pros and cons of the event from the participants. I expect that more students will participate each time, as they begin to hear about the activities from other participants. I will also have a brief exit slip for feedback from the participants to see what they liked and what could have been done differently.
What do you want to happen as a result of the project?	I would really like to bring students together for such a positive set of activities. I am hoping they will discover new activities that they might not have tried before. They will meet new people that they might not have encountered before. Best of all, they will de-stress and have a fun event to look forward to after-school.

Table #3: Project Action Plan

Project Step	What will happen?	Who will be doing it?	When will it be done?
--------------	-------------------	-----------------------	-----------------------

Table #3: Project Action Plan

<p>Planning <i>What will you do to get ready for the project?</i></p>	<p>I will contact the Yoga studio, Mindful Mike, the art gallery and a teacher I know that teaches drumming. I will see what fees they charge, check their availability and see what add-ons they think would be appropriate for the event.</p>	<p>Myself and the other members of the groups.</p>	<p>I would like to start this asap, so as soon as we find out if we are accepted for the grant.</p>
<p>Promotion <i>How will you tell other youth about the project?</i></p>	<p>The event will be advertised on social media, on the announcements and posters.</p>	<p>I will ask for a volunteer to post on social media and then the announcements. I will help design the posters</p>	<p>The beginning of November and January.</p>
<p>Implementation <i>What will you do to get the project started?</i></p>	<p>I will have a meeting with the whole team and then report back to the staff advisor.</p>	<p>Everyone</p>	<p>ASAP. As soon as we have the grant approval.</p>
<p>Follow Up <i>How will you find out if the project helped other youth?</i></p>	<p>We should be able to see by the reactions, but the exit slips will also help since they are anonymous and people will hopefully be honest about their opinions</p>	<p>Groups and participants</p>	<p>Following each event</p>
<p>Measurement/ Reporting <i>How will you tell United Way about how the project did?</i></p>	<p>We will create a follow up report. I also plan to take photos so that they can see the participants.</p>	<p>Everyone</p>	<p>Following each event and at the conclusion of the 4th event.</p>

Table #4: Budget

Expense	Estimated Cost
---------	----------------

Table #4: Budget

<i>What will you spend the money on?</i>	<i>How much will you spend?</i>
Advertising	\$100.00
Yoga instructor	\$250.00
Mindful Mike presentation	\$250.00
Artist	\$150.00
Art supplies	\$200.00
Drumming instructor	\$150.00
Refreshments	\$150.00
Total	\$1,250.00
Revenue	Amount
<i>Who will be giving you money?</i>	<i>How much money will you ask for?</i>
United Way Perth-Huron – Youth in Action grant (Maximum = \$1,000)	\$1,000.00
Parent council	\$250.00
	\$
	\$
	\$
	\$
Total	\$1,250.00
Balance (Revenue – Expenses)	\$
*Make sure your budget balances (Expenses = Revenue)	

Table #5: Application Checklist

X Read through the Grant Details page to determine if eligible
X Project will be conducted in Perth and/or Huron Counties
X Table #1 Completed
X Table #2 Completed – Written or video (if applicable)
X Table #3 Completed
X Table #4 Completed
X Written application saved and submitted in Word format. Google Docs will NOT be accepted.
<input type="checkbox"/> Video saved and submitted in MP4 format (if applicable)
X Written application and video (if applicable) emailed to Will Wellington at wwellington@perthhuron.unitedway.ca before the deadline of Friday, October 14, 2022