




# Do you know 211?

## WHAT IS 211?



211 helps you navigate the network of human services quickly and easily, 24 hours a day, 7 days a week, in over 150 languages. It's Perth-Huron's most comprehensive and reliable source of information for government and community-based health and social services.

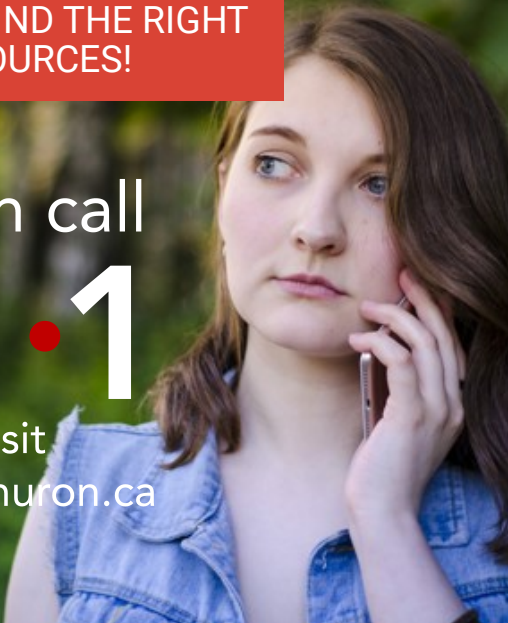


TO FIND THE RIGHT  
RESOURCES!

You can call

# 2.1.1

or visit  
[infoperthhuron.ca](http://infoperthhuron.ca)



24/7 | Free | Confidential | Live answer



Perth-Huron<sup>®</sup>

SUPPORTED BY:



United Way  
Perth-Huron



Ontario

# WE DON'T HAVE ALL THE ANSWERS JUST MOST OF THEM!

## WHO IS 211 FOR?

### Anyone facing life's challenges

211 serves *all* people and is particularly useful for those needing help for the first time.

### Agencies and frontline workers

211 helps service providers understand community needs and get accurate information about their programs to the public.

Frontline workers—agency staff, health professionals and teachers—can use 211 to connect people they help with resources.



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Contact 211 day or night to find support for all of life's challenges.



NEWCOMERS



HEALTH CARE



COUNSELLING



FOOD



GOVERNMENT/LEGAL



SENIORS



DISABILITIES



KIDS PROGRAMS



ABUSE



MENTAL HEALTH



VOLUNTEERING



FAMILY SERVICES



EMPLOYMENT  
TRAINING



HOUSING



FINANCIAL  
CHALLENGES